

Chester Farmer's Market Features Smiling Jon Cohen From Deep Meadow

*Submitted by
Chester Farmer's Market*

- We are located in front of Zachary's Restaurant on Route 11 and 103 on Sundays from 11 a.m. to 2 p.m.
- Our featured vendor this week is Deep Meadow Farm, owned and operated by Jon Cohen. Jon loves to farm and this is evident in his beaming personality that he shares when he sells you any of his vegetables.

Vegetables he does have - zucchini, yellow squash, a large assortment of different greens, radishes, carrots, and more. This past week Jon brought us fresh eggs too. Last week there was a line of people in front of Jon's tent, so it is best to be early.

Jon brings his produce to several of the Farmers Markets and local restaurants and he also operates a small CSA farm (Community Supported Agriculture).

A CSA provides fresh produce to persons who contract with a farm to provide them with vegetables as they become available during the season. It is similar to being a shareholder in the farm and receiving "fresh produce benefits."



The farmer is then able to purchase seeds and other materials that are needed up front to assure that there is quality produce available for its consumers.

- The Nature Museum in Grafton will have a representative at the market this Sunday. In addition to information about the museum, they will provide activities for families to let us experience some of

what the museum has to offer. The museum has many educational opportunities for young and old to learn about Vermont's natural beauty. Their mission is to inspire respect, understanding and delight in the natural world and this most definitely describes their exhibits and ventures.

- You can expect the continual array of fresh locally grown vegetables, eggs, smoked and fresh meats, herbs, fresh and pickled garlic, ice cream toppings, spiced jams and jellies, lemonade, baked goods, cereals, breads and wine to make several dinners.

On top of all this great food, check out the handcrafted ornaments, handbags and jewelry.

- In August, we will be hosting a Youth Farmers Market so time for all those young people to sign up now to show their homemade and handmade wares adjacent to the vendors at the market.

If interested, please contact Margo at 869-1214.

- Call 875-2703 or e-mail cfmvt@yahoo.com with any questions.